

JOY STONE

Bestselling Author, Speaker, Soul Connection Coach

Joy Stone is a soul connection coach, bestselling author, speaker, and expert with certifications in yoga psychology, positive psychology, and workplace wellbeing. She is dedicated to empowering individuals and audiences to rediscover their true selves, tap into inner peace, and step into their power to heal, align, and elevate their soul's journey. Joy is passionate about helping individuals overcome fear and anxiety that may be holding them back.

When Joy speaks, she teaches. Her authentic connection with people and ability to inspire action makes her one of the most engaging, empowering, and memorable speakers and coaches.

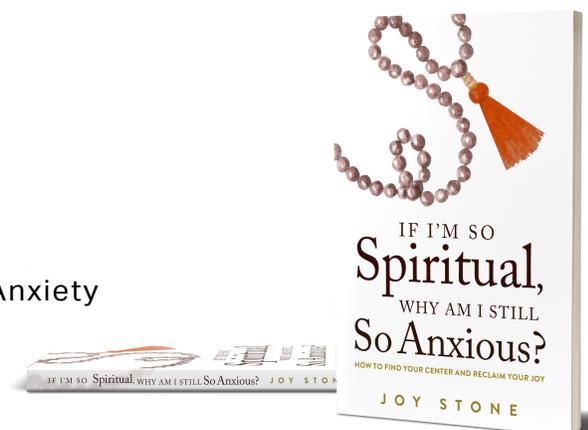
As a highly-respected thought leader in transformation, Joy has personally overcome trauma and anxiety, bringing two decades of professional teaching, speaking, and coaching experience to the table. Joy has individually helped hundreds of women transition from surviving to thriving with her one-on-one coaching. She has enhanced workplace peace and profitability by helping thousands of people through her numerous speaking engagements and workshops with large corporations and small businesses alike.

Joy embodies the principles she teaches, and her proven methods have garnered numerous testimonials of businesses and individuals going from fear to freedom in all aspects of their lives.



SIGNATURE TOPICS

- ✓ **ELEVATE YOUR REALITY**
Become the Power Behind Your Dreams
- ✓ **BUILDING INNER-PEACE**
Inspire Yourself To Thrive & Say Goodbye to Stress and Anxiety
- ✓ **WELLBEING DRIVES WORKPLACE SUCCESS**
Empower Your Team for Peak Performance, Profitability, and Peace.



BESTSELLING BOOK

Free Gifts For You...

- Sacred Session: Self-Care Guide to Success
- Daily Planning: Simple Guide to Prioritize with Ease.
- Alignment Masterclass (email me)



BELIEFS

There is nothing missing. You are not behind. You are not lost. You are here to create, not follow. Stop looking outward and start getting to know the wildly wise and fearless force within YOU.



FEEDBACK

"Joy's coaching has been the catalyst for profound positive change in my life. Through her guidance, I discovered a newfound belief in myself and my abilities. What once seemed impossible became achievable, and I began to witness a remarkable transformation within myself."

Jess Miller

"I feel confident and secure for the first time in a long time. Joy helped me change behaviors that were causing me to feel stuck and more anxious. She showed me how to take control of my life, no matter what is going on around me."

Fran Mercadal

Joy helps individuals and teams develop skills to better handle stress and anxiety, and provides tools for understanding how to live a life of intention, aligned with values.

Steve Sloan, V.P Wells Fargo Bank

THEMES

Your mindset is the most influential operating system for your life.
You don't experience life as it is, you experience life as you are.
More transformation, less Information

AVAILABLE FOR SUMMITS, PANELS, WORKSHOPS, KEYNOTE PRESENTATIONS, PODCASTS AND COACHING

GET IN TOUCH



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Nashville, available to travel

